



**ICKFA (Sunshine Coast Branch) Inc**  
Regional branch of the International Chito-Ryu Karate-do Federation of Australia Inc  
国際千唐流空手道連盟オーストラリア

*Promoting and supporting the development of Chito-Ryu Karate-do in the Sunshine Coast Region*

## Welcome to Sunshine Coast Karate (SCK)

When you join SCK a small portion of your fees goes towards membership of International Chito-Ryu Karate Federation of Australia (Sunshine Coast Branch), ICKFA (SC) for short. Our association is a local branch of the International body (ICKF).

Membership to the club benefits you in several ways. Insurance covers you for personal injuries sustained whilst practising karate in the dojo or competing in tournaments. Our association links us to other regional bodies around Australia and our International federation, ensuring that the standard and techniques of Chito-Ryu remain constant and consistent around the world.

Other ways you benefit from your association membership are through tournaments and social events. The club hosts several tournaments a year that are open to all members for participation and fun. For those who are a little more serious about their competitions, we also help fundraise and support representative team members at national and international competitions.

On a fun social front we host several social events throughout the year, the most popular being the Easter picnic and Christmas party.

Lastly the club helps support the membership through the purchase and replacement of training equipment like the mats, bags and protective body and head gear (bogu).

Dates for committee meetings can be found on the calendar in the parents room at the dojo but are subject to change and anyone is welcome to attend. You can find us online or contact any of our executive members below if you have any queries or questions.

We hope that you enjoy your training at SCK and get behind your association ICKFA (SC) as well. This is where the real benefits of being part of the larger 'Chito-Ryu family' truly become apparent.

Your committee,

President	Helen O'Grady	0412 593 626 (helenogradypt@yahoo.com.au)
Instructor Representative	Martin Phillips	0435 255 323 (martin@karate4life.com.au)
Treasurer	Viv Dumoulin	
Secretary	Sam Hunt	0407 145 023 (samosun@gmail.com)

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