Sunshine Coast Karate
Term 4, 2013

Monday 7th October – Friday 20th December

October

Date	Event	Notes
Mon 1st - 7th	School holidays: Training Schedule as usual	Little Champions & Karate kids classes will include a variety of games in addition to their basic training
Mon 7th	Public Holiday: No classes	Please make up missed classes as soon as possible
Tue 8th – Mon 14th	Progress Check Week: Little Champions	Additional feedback available upon request
Wed 9th	Special Class: Bo Training 6:00-7:00pm	Blue belt (7th Kyu) + above. Weekly throughout term 4
Fri 11th	Final Tournament Squad Classes for 2013	Recommence Feb 2014
Sat 12th	Association Committee Meeting	9:00am – 10:00am at dojo
Sat 12th	Private Lessons	Bookings & pre-payments required
Sun 13th	Friendship Tournament, Maroochydore	Entries Close, Tuesday 8th October
Fri 18th	Kumite Tag Class 5:15pm – 6:15pm	Little Champions & Karate Kids preparing for November Kumite Tag In House Competition
Sat 19th	Introductory Workshop 9:00am – 12:00pm	Please register on the dojo noticeboard
Mon 21st – 25th	Progress Check Week: All programs	Additional feedback available upon request
Fri 25th	Kumite Tag Class 5:15pm – 6:15pm	Little Champions & Karate Kids preparing for November Kumite Tag In House Competition
Sat 26th	Grading	Please register on the dojo noticeboard
Mon 28th – 1st Nov	Progress Check Week: Leadership Team	Additional feedback available upon request
Private Lessons available outside class times. Please contact Sensei Sandra Ph. 0435 243 134		

*** Note: Soke Sensei may visit Australia throughout Term 4. Events may be re-scheduled.

Sunshine Coast Karate
Term 4, 2013

Monday 7th October – Friday 20th December

November

Date	Event	Notes
Fri 1st	Kumite Tag Class 5:15pm – 6:15pm	Little Champions & Karate Kids preparing for November Kumite Tag In House Competition
Sat 2nd	Leadership Induction & Training	9:00 – 11:00am
Sat 2nd	Private Lessons	Bookings & pre-payments required
Mon 4th – Fri 8th	Progress Check Week: Little Champions	Additional feedback available upon request
Fri 8th	Kumite Tag Class 5:15pm – 6:15pm	Little Champions & Karate Kids preparing for November Kumite Tag In House Competition
Sat 9th	Kihon (Basics) Workshop 9:00am–1:00pm	Registration sheet on noticeboard
Sat 9th	Private Lessons	Bookings & pre-payments required
Fri 15th	Kumite Tag Class 5:15pm – 6:15pm	Little Champions & Karate Kids preparing for November Kumite Tag In House Competition
Sat 16th	Association Committee Meeting	9:00am – 10:00am at dojo
Sat 16th Nov	Kihon Kata Workshop 10:00am-2:00pm	Registration sheet on noticeboard
Sat 16th	Private Lessons	Bookings & pre-payments required
Mon 18th – Fri 22nd	Progress Check Week: All programs	Additional feedback available upon request
Fri 22nd	Kumite Tag Class 5:15pm – 6:15pm	Little Champions & Karate Kids preparing for November Kumite Tag In House Competition
Sat 23rd	Kihon Bunkai Workshop 9:00am – 1:00pm	Registration sheet on noticeboard
Sat 23rd	Private Lessons	Bookings & pre-payments required
Mon 25th – Fri 29th	Progress Check Week: Leadership Team	Additional feedback available upon request
Fri 29th	Kumite Tag Class 5:15pm – 6:15pm	Little Champions & Karate Kids preparing for November Kumite Tag In House Competition
Sat 30th	Kumite Tag Competition Day	Registration closes Friday 22nd November. Event times to be published on dojo noticeboard and Facebook page.
Private Lessons available outside class times. Please contact Sensei Sandra Ph. 0435 243 134		

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Term 4, 2013

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December

Date	Event	Notes
Sat 7th	Grading	Please register on the dojo noticeboard
Mon 9th – Fri 13th	Progress Check Week: All programs	Additional feedback available upon request
Fri 13th	Last day of school term	
Sat 14th	Christmas Family Training Day & Picnic	Registration sheet on the noticeboard
Mon 16th – Fri 20th	Training schedule as usual this week	Little Champions & Karate kids classes will include a variety of games in addition to their basic training
Fri 20th	Last day of training for 2013	
Private Lessons available outside class times. Please contact Sensei Sandra Ph. 0435 243 134		

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January 2014

Date	Event	Notes
Mon 6th	Training Commences for 2014	
TBC	2 Week Training Challenge	
TBC	Beach Training	
Wed 8th	January Special Class Theme TBA	Every Wednesday for the month of January. 6:00 – 7:00pm
Private Lessons available outside class times. Please contact Sensei Sandra Ph. 0435 243 134		