DECEMBER 2015

SUNSHINE COAST KARATE

2015 END OF YEAR PRESENTATIONS

Congratulations to all students training at Sunshine Coast Karate throughout 2015. There are so many students stepping up and achieving so much with their training in and out of the dojo. Thank you to all of you for continually inspiring us to keep on growing with every day. Below we'd like to acknowledge this years' special awards recipients.

CONGRATULATIONS TO...

Little Champions (4-7 years)
Beginner - Student of the Year: *Grace Saron*
Beginner - Most Improved: *Jasakaran Bhotoya*
Intermediate/Advanced - Student of the Year: *Surkhab Gill*
Intermediate/Advanced - Most Improved: *Olivia Di Pietra*

Karate Kids (8-13 years)
Beginner - Student of the Year: *Tristan Rusich*
Beginner - Most Improved: *Cooper Darling*
Intermediate - Student of the Year: *Savannah Perdikis*
Intermediate - Most Improved: *Charles Robinson*

Teen/Adult Karate
Beginner - Student of the Year: *Ron Burgess*
Beginner - Most Improved: *Tony Gush*
Intermediate - Student of the Year: *Gary Evans*
Intermediate - Most Improved: *Andrew Crocker*

Advanced Karate
Student of the Year: *Debbie Woodhouse*

Family Karate
Family of the Year: *Ennis-Bell Family (pictured right)*

SCK Leaders
Leader of the Year: *Dylan McKeown*

Pacific Paradise Dojo
Student of the Year: *Dylan Woods*
Most Improved: *Fallon Montgomery*

Volunteers (Committee Choice)
Volunteer of the Year: *Debbie Strazzari*

Budoka of the Year
Sam Hunt

"There are no short cuts to any place worth going." ~ Unknown

THIS ISSUE

Featuring

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November Grading

Little Champions Play & Celebrate

Xmas Club Shop Special

Regular Features

- **Highlights**
- **Upcoming Events**
- **Student Attendance**
- **Welcome New Students**
- **Happy Birthday to…**

Contact Us

Martin & Sandra Phillips
Ph: 0435 255 323
E: info@karate4life.com.au

NOVEMBER GRADING RESULTS

Congratulations to all students who achieved new grades at the November grading. Below is a listing of all students grading.

12th Kyu: Ethan Whittaker, Josh Bell, Faye Ennis, Luca Kamarinos, James Kapolos, Mary Pearson, Sam Thomas, Dylan Woods
11th Kyu: William Buckland, Niveke Edwards, Zoe Kamarinos, Isabella Kearney, Lily Schultz
10th Kyu: Caelan Dean-Meredith, Halea Eggmolesse, Jake Fisher, Faith Hardy, Miguel Hardy, Aabid Hassen, Michelle Pearson
9th Kyu: Kate Killion, Josephine Pearson, Van Topham
8th Kyu: Andrew Crocker, Amber Edwards, Johan Frank, Sonya Wright
7th Kyu: Rosemarie Caston, Jake Herden, Dylan McKeown, Paul Murray, Zac Ryan
6th Kyu: Sam Phillips
5th Kyu: Viv Dumoulin, Gary Evans
3rd Kyu: Nathan Eley, Luke Marriott
2nd Kyu: Selina Strazzari
1st Kyu: Renae Saunders, Sam Hunt

NOVEMBER HIGHLIGHTS

SCK Blog

View the full blog post of all featured highlights by visiting:
www.SunshineCoastKarate.com.au

LATEST UPDATES/ REMINDERS & PHOTOS

For more information about any of the featured highlights, please visit:
www.facebook.com/SunshineCoastKarate

To make sure that Sunshine Coast Karate posts come up on your 'Facebook Home Page', please 'LIKE' the Sunshine Coast Karate Facebook Page.

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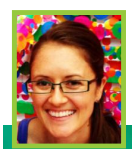


"Vibrant Children Guaranteed!"

Heidi Hosking 0421 311 767
thehealthycaterpillar@gmail.com

UPCOMING EVENTS

December

5th Workshop 5: Kobudo

6th - 8th Soke Sensei's Visit

7th Wk 8: Morning Intensive

12th Workshop 6: Kobudo

13th Christmas Party @ Cotton Tree Park. Please add your name to the sign up sheet on the dojo noticeboard.

14th Wk 9: Morning Intensive

14th Start School Holiday Schedule (copies available at dojo or @ www.SunshineCoastKarate.com.au)

18th Annual Waterbomb Fight

18th Final Classes of 2015

19th Kids Train, Parents Shop, Christmas Training Workshop (9:00am - 12:00pm)

Mon 21st Dec - Sun 3rd Jan
Dojo Closed

January

4th First Classes of 2016

4th Start 2 Week Training Intensive

Parents

Have you got some last minute Christmas shopping to do?

We want to help make things easy for you….

So, we've got a plan!

We'll take care of your kids for 3 hours, You take care of the Christmas shopping.

Who: All members and guest are welcome

What: Fun, games, competitions, karate training and a whole lot more

When: Saturday, 19th December
9:00am – 12:00pm (3 hrs)

Where: Sunshine Coast Karate, Maroochydore Dojo
Cnr Depot St & Progress Rd

Cost: $20 per person or $50 per family
$10 per person (dojo leaders)

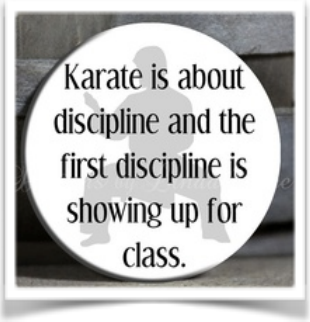
Registration closes: Wednesday, 16th December.

Little Champions Play & Celebrate

Holly choosing a prize out of Sami & Steven's Treasure Box. (Treasures for Little Champions who train 8 lessons or more in one calendar month).

Maddison earning her very first tip!!!

ATTENDANCE RECOGNITION



Once again it's been a big month in the dojo with amazing student attendance.

Congratulations to the following members achieving 8 lessons or more in November.

Rosemarie Caston 8, Reya Hand 8, Aabid Hassen 8, Flynn Jordan 8, Lily Schultz 8, Dylan Woods 8, Duncan Bigg 9, Peitra Gush 9, Ryan McLeod 9, Matthew Stevenson 9, Kamryn Stray 9, Cath Amos 10, Keanu Caston 10, Klaudia Caston 10, Holly Crocker 10, Matai Doughty 10, Ekaterina Maynard 10, Dylan McKeown 10, Jay O'Pray 10, Charles Robinson 10, Joshua Sandri 10, Ruben Corr 11, Chloe Crocker 11, Andrew Crocker 11, Nathan Eley 11, Jake Herden 11, David Probert 11, David Strazzari 11, Hayley Brady 12, Tiahni Eley 12, Gary Evans 12, Jack Graham 12, Katherine Price 12, William Baarslag 13, Lily Ludbrook 13, Paul Murray 13, Justin Otto 13, Maddison Brady 14, Sam Phillips 14, Van Topham 14, Kayla Brady 15, Tony Gush 15, Tristan Taylor 15, Sonya Wright 16, **Lachlan Edwards 19**, Renae Saunders 19, Viv Dumoulin 21, Chanda Dunn 21, Faith Hardy 24, Miguel Hardy 24, Selina Strazzari 24, **Sam Hunt 26**, Bailey Keefe 30, Patrick Edwards 31, **Savannah Perdikis 32**

CLUB SHOP SPECIAL

SCK Club Shop Xmas Sale

Mon 30 Nov – Fri 11 Dec 2015

Everything that's in stock is on sale. Be quick, some sizes are very limited & there won't be any more stock before the sale.

	Normal Price	Sale Price
Uniforms (light weight)	$ 60.00	$ 40.00
Uniforms (heavy weight)	$110.00 – 150.00	$ 80.00
Shin instep protectors	$ 25.00	$ 15.00
Groin Guards	$ 20.00	$ 12.00
Gloves (leather)	$ 40.00	$ 30.00
Gloves (elastic)	$ 15.00	$ 10.00
Mouth guards	$ 6.00	$ 4.00
Training journal	$ 15.00	$ 10.00
Bo (wooden staff)	$ 40.00	$ 25.00
Sai	$ 70.00	$ 50.00
Bokken (wooden sword)	$ 30.00	$ 20.00
Padded sword	$ 30.00	$ 20.00

Everything in the club shop is on sales, so if you want to buy something that's not listed above.... All you need to do is ask and we'll come up with a special price, ***just for you***.

Special orders for non-stocked items. If you want to set up your home dojo, we can order in just about anything you might want: mats, punching bags, strike shields, focus mitts, etc.

Order & pay by: Fri 4th Dec to ensure delivery before Christmas.

NEW STUDENT WELCOME

Welcome to Sunshine Coast Karate to the following new members.

Jack Steif, Benjamin Collins, Poppy Shadforth, Lily Shadforth, Ava Klupfel, Jake Klupfel, Shayla Larkin, Kairyn Larkin.

We hope that you all enjoy your training at Sunshine Coast Karate. If you require any additional support especially whilst you are getting started please ask one of our staff.

STUDENT BIRTHDAYS

Happy Birthday to….

Keiko Kabasawa, Matthew Stevenson, Selina Strazzari, Kamryn Stray, Tristan Rusich, Josephine Pearson, Oliver Noble, Luke Marriott, Chloe Crocker, Emmet Furner, Caleb Jackman, Bradman & Cooper Miller-Smith, Benjamin Collins, William Manning, Joshua Waterhouse, Isaiah Jackman, Kayla Brady, Jack Steif, Madeline Noble, Bret Buckland, Kairyn Larkin