

# ACHIEVE MORE TOGETHER

*Be The Best You Can Be, And Help Others Be The Best They Can Be*

## THANK YOU!!!

When we are at the dojo teaching and see leadership team members entering the dojo with big smiles, full of energy and ready to help make someone's day special we say thank you. Although we may not come up and say thank you to you every time you come to the dojo, please know that we are grateful for your time and effort.

It is especially exciting to see many of you now connecting with students even more. Connecting with students as a leader is one of the greatest things to happen in the dojo. Every time a student connects with a teacher and/or leader it allows them to relax a little more. It helps them to have a sense of belonging and it helps them feel valued.

When you put all of that together you have gently enabled that student with the freedom to be themselves. You have allowed them to feel comfortable with making mistakes and being able to laugh at themselves and keep moving forward. You have given them the opportunity to be the best they can be in the dojo and in their life.

Thank you to all leaders for your continual time and effort at the dojo. You will never know when a little smile or act of kindness will help someone but know that you are making a difference every time you step up as a leader and focus on serving others.

Great news for you: Every time you help someone you are helping yourself. Keep up the great work!



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## THIS MONTH'S LEADERSHIP FOCUS



**Japanese in the Dojo:** Choose one to three Japanese words and see if you can use them throughout your leadership class.



**Connect:** Share a smile, give a 'hi 5' and aim to use all student names in your leadership class.



**Belt Tying Mission:** If you see students with belt tied incorrectly, politely introduce yourself and offer to help them learn the art of belt tying. Goal: is to get students tying their belts successfully as soon as possible.

Learn

Grow

Lead

# ‘Be the kind of leader that you would like to follow.’



## Leader of the Month (Sep)

Congratulations to Anthony Williams on receiving the Leader of the Month Award for September 2017.

Anthony has been assisting on the Friday Little Champions 3:45pm class and has grown enormously. Confidence with a capital “C”, especially with warm up routines.

Well done Anthony! Keep up the great work.



## Thinking About



## Doing It Vs Just Doing It

Are you the sort of person that thinks about something so much that you end up talking yourself out of doing it or do

you give it some fair thought and than just go for it. Sometimes the biggest thing stopping us from achieving our goals is that we just don't roll our sleeves up and get in and put the runs on the board. How can you help students focus on living a fuller life by just getting in and having a go. Once the goal is set, it is time for massive action! No excuses. Just turn up and do your best everyday.



## October Events

- 16th - 22nd:** Leadership Training (in class)
- 30th Oct - 5th Nov:** Leadership Progress Check Week

## November Events

- 3rd** NERF Battle (Leaders V'S Squad Members) 5:30 - 6:40pm
- 13th - 19th:** Leadership Training (in class)
- 27th Nov - 3rd Dec:** Leadership Progress Check Week

## December Events

- 10th** Christmas Picnic (**HELP NEEDED!!!**)
- If you can help co-ordinate games we would love to hear from you.**
- 22nd** Annual Waterbomb Fight (Leaders V's Everyone Else)

## Leadership Support

To help you become the best leader you can be, we would like to encourage you to catch up with Sensei Sandra and Sensei Martin regularly. If you would like to catch up physically to practice some of your skills or would just like to see certain leadership skills presented in this newsletter please send through all requests to Sensei Sandra. [sandra@karate4life.com.au](mailto:sandra@karate4life.com.au) We are students ourselves but we'll do our best to support your leadership development based on our understanding.



Learn

Grow

Lead